## ABSTRACT

A magnetic recording medium capable of high-density recording and suitable for linear recording/reproducing and the reproduction of signals using a magnetoresistive head is provided. The magnetic recording medium includes a non-magnetic substrate and a magnetic layer having an oblique columnar structure formed on the non-magnetic substrate. The magnetic layer includes a first ferromagnetic metal thin film and a second ferromagnetic metal thin film whose direction of growth of its oblique columnar structure is the opposite of that of the first ferromagnetic metal thin film. Mr. $\delta$ , the product of residual magnetization Mr and film thickness  $\delta$ , satisfies 3 (mA)  $\leq$  Mr. $\delta$  < 30 (mA). Thickness d<sub>1</sub> and thickness d<sub>2</sub> of said first and second ferromagnetic metal thin films, respectively, satisfy 40 (nm)  $\leq$  d<sub>1</sub> + d<sub>2</sub>  $\leq$  100 (nm) as well as 1/2  $\leq$  d<sub>2</sub>/d<sub>1</sub>  $\leq$  1. Coercivity Hc of said magnetic layer satisfies Hc  $\geq$  100 (kA/m).